

Gym Analytics and Personal Training Application

Usability Guide



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Abstract

The purpose of this “Gym Analytics and Personal Training application” is to develop a mobile application for Android and iOS with two sections available to the public. Firstly, we have a client section to help the average person hire a personal trainer, purchase a workout plan whether it is a pre-made plan or a requested plan. The client also has the option to set motivational personal goals/ milestones for them to achieve.

Secondly, we have the trainer side of this application, it is here where a Personal Trainer can grow their business by posting pre-made plans, create custom plans for clients, reach a wide range of potential clients and receive payments directly into their PayPal accounts.

Table of Contents

Abstract.....	2
Introduction.....	4

Introduction

The purpose of this usability guide is to provide a demonstration on how the application should be used. To accomplish this, I have created two short videos explaining both the “clients” and “trainers” sides of the application. The following link will direct you to a folder containing both video demonstrations:

https://drive.google.com/drive/folders/17P-7x3FV8MY5HvLNEX_pZMKwhX_29Hhz?usp=sharing

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